

What is claimed is:

1(currently amended). A hand-held shower attachment having a shower head that has a surface from which jets of water exit and a handgrip, the handgrip being attached to the shower head at a location alongside the surface from which jets of water exit, wherein the ratio of the length of the handgrip to the maximum lateral dimension of the surface on the shower head from which jets of water exit ranges from about 0.5 to one, and wherein the shower head has a fitting for a shower hose on an end of the handgrip opposite from the shower head and a union nut on an end of the shower hose and the fitting is configured such that an outer surface of the union nut is flush with an outer surface of the handgrip and acts as part of the handgrip.

2(currently amended). A shower attachment according to claim 1, where a longitudinal axis of the handgrip is approximately parallel to the surface on the showerhead from which jets of water exit.

Claims 3 and 4 were canceled.

5(previously presented). A shower attachment according to claim 1, where the ratio of a depth of the shower head, measured in a direction normal to the surface from which jets of water exit, to a diameter of the surface from which jets of water exit, is approximately 0.25 to 0.5.

6(previously presented). A shower attachment according to claim 1, where a perimeter of the surface from which jets of water exit has an approximately oval shape.

7(previously presented). A shower attachment according to claim 1, where a perimeter of the surface from which jets of water exit has a circular shape.